

④

$$\begin{array}{r}
 3 \\
 7 \overline{) 229} \\
 \underline{21} \downarrow \\
 19
 \end{array}$$

bring down the  
nine. 7 into  
19? Yes, 2 times.

⑤

$$\begin{array}{r}
 32 \text{ r } 5 \\
 7 \overline{) 229} \\
 \underline{21} \downarrow \\
 19 \\
 \underline{14} \\
 5
 \end{array}$$

$2 \times 7 = 14$

⑥

$$\begin{array}{r}
 \boxed{32 \text{ r } 5} \\
 7 \overline{) 229} \\
 \underline{21} \downarrow \\
 19 \\
 \underline{14} \\
 5
 \end{array}$$